

## Money Mindset Quiz PDF

Welcome to this money mindset quiz pdf download. These questions will help you uncover your hidden subconscious beliefs around the subject of money, wealth and the rich. Often we carry beliefs around with us which aren't helpful.

They perpetuate our circumstances despite our best efforts on the "outside" - even with huge physical and mental efforts.

What we don't realise is that ***we are creating results in our lives which reflect our inner beliefs*** about the world, ourselves and our money mindset. So if you hold a view that "money is the route of all evil" and you believe yourself to be good, for example, this can subtly undermine your efforts to attract money.

If you believe that the rich are greedy and selfish, this belief can stop your attainment of wealth *if you desire is to be selfless and giving*, for example.

You can't reconcile being noble/selfless and rich ***if you believe the rich are greedy***. So you can see how ***such a belief might sabotage your efforts to attain wealth***, due to the competing parts of yourself striving to be a "good" person, for instance!

Bringing these conflicts into your conscious awareness (with this quiz) is a good place to start if you want to attain greater levels of success and happiness, whatever that means in terms of money and the attainment of wealth.

## Money Mindset Quiz PDF - Q & A

The more fully you answer these questions, the more you will discover about the potential hidden "blockers" to money in your mind:

- Money is....
- Wealth is....
- Rich people are...
- The reasons I can't or may not be extremely wealthy are...
- Some of the possible negatives about being rich, or going through the process of trying to get rich are...
- My greatest worries and fears regarding money and wealth are...
- The worst thing about money is...

Write as much as you can to answer these questions as fully as possible.

If you have a particular goal about money that you want to achieve, negative ideas can act as "success blockers". If you have any negative reasons for not making the money you say you want, they can easily manifest unconsciously, holding you back.

Here's a quick exercise to set a forward objective about your monthly income:

- My current monthly income is...
- At the end of the month I usually have this much money left in my back account...
- My monthly income goal is...
- At the end of the month, my goal for how much money I have left in my back account is...

## Uncover Your Beliefs Around Money

Holding negative ideas/beliefs about money will hinder your progress if you intend to create greater financial success. Here are some questions/beliefs about money. Rate yourself from 1-10 as you read through them.

1 = disagree 100%, 10 = agree 100% .

- Money is the route of all evil
- It is more enlightened to be poor than rich
- Rich people earn their money dishonestly
- Having a lot of money will make me less spiritual or pure
- Getting rich takes too much money and struggle
- Having a lot of money is a big responsibility
- I don't feel good enough to be rich
- Realistically, chances are I'll never be rich
- I'm striving for wealth but it doesn't allow much time for anything
- If I get rich, everyone will want something from me
- If I get rich there are certain people in my life who wouldn't like me
- If I have a lot of money it means someone else will have less
- Having excess money means you are greedy
- I'm not very good in the area of money and finances
- If I got a lot of money I might lose it
- If I put a lot of effort into creating wealth and don't succeed, I'll feel like a failure
- I have the potential for wealth, all I need is a break
- This just isn't the right time for me to start going for it financially
- You can't create wealth, and be happy and fulfilled at the same time
- Money causes a lot of problems
- It's not right to make a lot more than my parents
- You can't get rich doing exactly what you love
- It takes money to make money
- Driving for wealth can cause stress and health problems
- Most of the good opportunities are gone
- It's difficult to get rich these days

## More Questions

Given my past it would be difficult to get rich

- I'm too young to get rich
- I'm too old to get rich
- I don't like promoting or selling
- I wish I didn't have to deal with money
- I don't enjoy managing money
- I don't have time to manage money
- I don't need to manage my money because I hardly have any
- Money corrupts artistic and creative endeavours
- It is not right for me to be rich while others have nothing
- If you are not born rich, chances are you will never be rich
- Rich people aren't happy
- If success comes easy, it's not worth while
- I'm too busy to put a lot of time and energy into learning
- If I become rich that's great, if not that is fine too
- I don't enjoy taking on responsibilities

- I'm not a strong leader
- I have some resentment towards extremely wealthy people
- I'm a good giver, but not a good receiver
- I'm already quite comfortable, I don't need to push myself
- When I have a lot of money, I'll finally feel secure
- By being rich, I'll prove myself
- To be rich, you have to use people and take advantage of them
- Other people's opinion of me are important
- I'm not educated enough to get rich
- Financial security comes from having a good job and a steady pay check
- Money isn't really that important

## Limiting Beliefs Around Money

These questions can help you identify limiting beliefs around money which you may have inherited from your surroundings as a small child.

- What did you hear around money, wealth and rich people as a child (from your parents, family, society etc.)
- What are 3 unsupportive beliefs you have or have had around money, success and being rich?
- Write a positive or more empowering belief for each of the above.

Spend some time journaling out all the reasons it will serve the world for your to become rich, what it will allow you to do, who you will be able to help and so on.

- Why does it serve the world for me to become rich?  
If you're unclear on this, there could be some internal resistance to your continued success if you carry conflicting ideas on this topic.